

Office Interiors Ireland

ONE+ SIT STAND DESK TECHNICAL SPECIFICATION

Contact:

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Ergonomic workplace

Sitting for long periods of the workday can have lasting and harmful effects on the posture and overall health of workers. We therefore set out to create a more dynamic workstation that gives users the ability to easily work both sitting or standing.

The result was ONE+ SIT STAND, a design to compliment the evolving way we interact with the workplace. This automatic, height-adjustable desking system is modern, functional and affordable.



The Washington State Department of Labour & Industries conducted major analysis of workplace case studies and they, along with many other industry researchers have reported dramatic decreases in claims of repetitive strain related illnesses and absenteeism ranging from 25% to 100% in workplaces with sit-stand desks. Overall, the WSDLI study highlights the importance of changing the ergonomics of a workstation. In most cases the ability to adjust the height showed an increase in productivity by more than 12%, with other similar studies showing an 18% increase.

What if, for a moment, we assume all of this research is incorrect, and a productivity increase of 2.5% is reported. This would mean that on a salary as low as €28,000, an initial investment of €700 would be paid back in ONE year, not accounting for the benefits to the well being of staff and dramatic reduction in absenteeism.

Also, more and more, experts and medical agencies are reporting that increasing movement in the workplace for longer periods of time is vital for the reduction of sedentary lifestyle related illnesses such as heart disease and obesity.

Electrical Height Adjustment

Technical guidelines:

- load 100 kg
- single motor
- velocity 30 mm/sec
- soft start and soft stop
- Safety stop 30mm from all setting
- Easy to set Max High and Low
- Low Noise
- power rate 24 V
- extremely low power consumption in standby mode only 0.1W
- duty cycle 2 min on + 18 min. off.

Delivery

All one+ range can be delivered, installed and tested

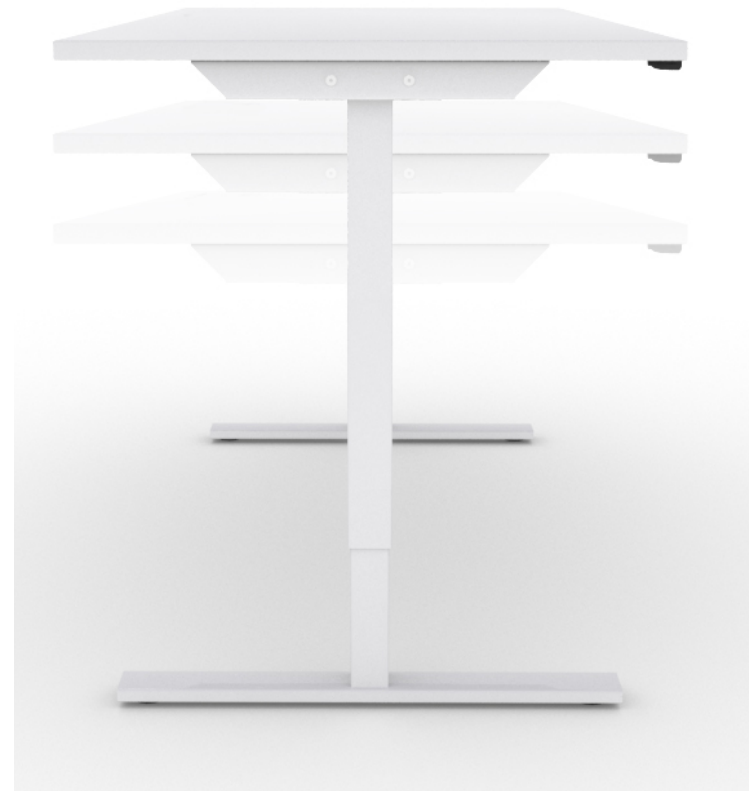
International delivery available

Warranty

3 years for the electric parts of the desk;

5 years for the desktop, frame & legs.

ONE+ Sit Stand



Electrical Height Adjustment

ONE+ Sit Stand



Also available in a double desk system

Height adjustment

Electrical height adjustment

Stroke length	500mm;
Desk height	705-1205mm;
Tube dimensions	70x70 (60x60)
I Leg Flat Steel Base	675 (+adj feet)
I Leg Angled Steel Top	620mm
Twin Spar Expandable Beam	150mm x 65mm
Table Top Width	1200,1400,1600 & 1800mm
Table Top Depth	700 mm & 800mm
Tops MFC (4 Colours)	25mm MFC
Edging	2mm ABS

ONE+ Sit Stand

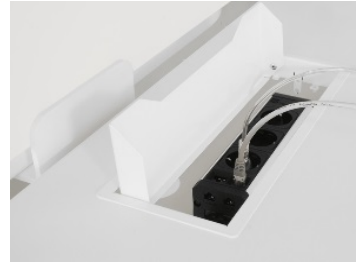


Wire management options

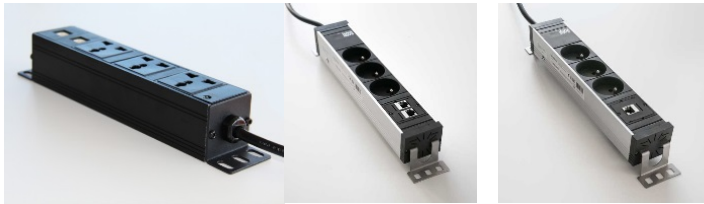
ONE+ Sit Stand

1. Metal cover for power socket block

- 320x130x25mm;
- powder coated metal
- Desk top frame and cover



2. Power socket blocks



3. Cable riser



4. Underdesk Horizontal cable tray

- metal sheet (1.5 mm);
- powder coated;
- fixed with screws.



Desk screen (optional)

Screen panel:

- Made of 16mm board
- 3mm foam from both sides
- “Velito presto”, “Blazer lite” or polyester fabric “Lucia”.

Fixings:

- Powder coated metal;
- Can be screwed into the desktop or fixed with magnets to feet.

ONE+ Sit Stand



Textures

ONE+ Sit Stand

Melamine



Beech (T)



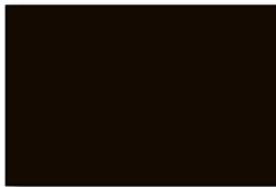
Birch (P)



White (M1)



Whitened Oak (D1)



Dark Grey (N1)

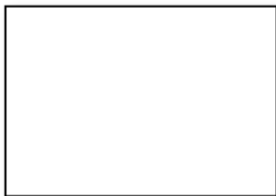


Light Grey (N)



Walnut (U)

Painted metal part



White (E)



Metallic (M)

Wayfair office - Galway

